# The Flexibility in the Proline Ring is 

## Coupled to the Protein Backbone

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In proteins, the proline ring exists predominantly in two discrete states. However, there is also a small but significant amount of flexibility in the proline ring of high-resolution protein structures. We have found that this sidechain flexibility is coupled to the backbone conformation. To study this coupling, we have developed a model that is simply based on geometric and steric factors, and not on energetics. We show that the coupling between the $\varphi$ and $\chi 1$ torsions in the proline ring can be described by an analytic equation that was developed by Bricard in 1897, and describe a computer algorithm that implements the equation. The model predicts the observed coupling very well. The strain in the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ angle appears to be the principal barrier between the UP and DOWN pucker. This strain is relaxed to allow the proline ring to flatten in the rare PLANAR conformation.

Keywords: proline, pucker, backbone, cyclic ring

## Introduction

We are interested in understanding the variations in the conformations of the proline ring that are observed in the Protein Databank. It is well known that the proline ring exists in two predominant states ${ }^{1 ; 2}$. However, a recent study has found that within these states in peptides, there is a significant amount of flexibility ${ }^{3}$. This flexibility is coupled directly to the backbone. What is the nature of this coupling? To answer this question, we have measured proline ring conformations in high-resolution protein structures, and we give a detailed analysis of the degrees of freedom in the proline ring. Our modeling strategy is based on the Bricard equation of the flexible tetrahedral angle ${ }^{4}$. It has recently been used to solve the problem of tripeptide loop closure ${ }^{5}$. Here, we apply the Bricard equation to the five-membered ring of proline to generate proline ring conformations. We test our model against the observed structures of the proline ring.

DeTar \& Luthra ${ }^{6}$ argued that the proline ring exists in essentially two discrete states, even though proline is a five-membered ring, which has, in principle, a continuum of available conformations ${ }^{2}$. These discrete states are known as the UP and DOWN puckers of the proline ring and have been reproduced in force-field calculations ${ }^{1 ; 6}$. There is also some evidence of a rare PLANAR conformation ${ }^{7}$. However, as these calculations use generic force fields, constraints due to geometry cannot be separated out from constraints due to other energetic factors. Using our analytical approach, we can determine which constraints are due to geometry and which are due to other energetic factors.

Proline is unique amongst the naturally-occurring amino acids in that the sidechain wraps around to form a covalent bond with the backbone, severely restricting the backbone. Because of the
restricted backbone, proline is used in nature in many irregular structures such as $\beta$-turns and $\alpha$ helical capping motifs ${ }^{3 ; 8 ; 9}$ and proline restricts the backbone conformation of neighboring residues ${ }^{8 ; 10}$. Modeling these structural motifs requires an accurate description of the proline ring. There have been many force-field calculations of the proline ring ${ }^{1 ; 6 ; 11 ; 12}$. Whilst the restriction on the $\varphi$ torsion angle has been reproduced ${ }^{1 ; 11}$, the coupling of the backbone to the proline ring has not. Modeling the coupling and flexibility in the proline ring can be important, for example in constrained ring peptides (unpublished results). Our geometric model of the proline ring captures both these features. It is an efficient algorithm that should be easily implemented in models of structural motifs involving proline.

## Results

## Proline ring conformations in the PDB

In order to determine the conformations of proline, we chose a high-resolution subset of the PDB ${ }^{13}$ provided by the Richardson lab ${ }^{14}$ of 500 non-homologous proteins. These proteins have a resolution of better than $1.8 \AA$ where all hydrogen atoms have been projected from the backbone and optimized in terms of packing. Following the Richardsons, we eliminate conformations having a B-factor greater than 30 and we only accept proline residues that contain all atoms, including the hydrogens. We define the trans-Pro isomer by $\omega$ : $90^{\circ}<\omega<220^{\circ}$. Due to the predominance of the trans-Pro isomer ( 4289 counts) over the cis-Pro isomer ( 236 counts), we have focused mainly on the trans-Pro isomer.

In the proline ring, there are five endo-cyclic torsions $(\chi 1, \chi 2, \chi 3, \chi 4$, and $\chi 5)$ (Figure 1a). If we assume planar trigonal bonding at the N atom and tetrahedral bonding at the $\mathrm{C}^{\alpha}$ atom then $\varphi=\chi 5$ $60^{\circ}$. This is approximately satisfied as the observed relationship between the $\chi 5$ and $\varphi$ torsions are relatively linear (Figure 1b; see also ${ }^{3}$ ). The two discrete states in the proline ring are referred to as the UP and DOWN puckers ${ }^{15}$. UP and DOWN refers to whether the $\mathrm{C}^{\gamma}$ atom is found above or below the average plane of the ring. The four atoms $\mathrm{C}^{\alpha}, \mathrm{C}^{\beta}, \mathrm{C}^{\delta}$ and N are found close to a planar conformation and can serve as the plane of the proline ring ${ }^{3}$. Another way to characterize the puckers is by the sign of the $\chi$ torsions, UP (negative $\chi 1$ and $\chi 3$, positive $\chi 2$ and $\chi 4$ ) and DOWN (positive $\chi 1$ and $\chi 3$, negative $\chi 2$ and $\chi 4$ ). In this study, we follow DeTar \& Luthra ${ }^{6}$ in using $\chi 2$ to
determine the pucker, especially since the observed values of $\chi 2$ have the largest magnitude amongst the $\chi$ torsions. However, we also want to include the PLANAR conformation in our analysis. Hence our definition is UP $\left(\chi 2>10^{\circ}\right)$, DOWN $\left(\chi 2<-10^{\circ}\right)$, and PLANAR $\left(-10^{\circ}<\chi 2<\right.$ $10^{\circ}$ ).

Table 1 lists the parameters of the pyrrolidine ring in the trans-Pro isomer - the $\chi$ torsions, bond lengths and bond angles. The bond lengths have little variation; the standard deviation is $0.021 \AA$. The bond angles, on the other hand, do show some variation. The greatest variation is in the $\mathrm{C}^{\beta}$ -$\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ angle, which has a standard deviation of $2.6^{\circ}$, almost twice that of some of the other angles. This angle is the most flexible because its central atom, the $\mathrm{C}^{\gamma}$ atom, is opposite to the atoms in the $\mathrm{C}^{\alpha}-\mathrm{N}$ bond, which, in turn, bond to three other heavy atoms. This is in agreement with DeTar \& Luthra ${ }^{6}$ who found that most of the mobility in the proline ring observed in crystal structures is found in the $\mathrm{C}^{\gamma}$ and $\mathrm{C}^{\beta}$ atoms, and to a lesser extent in the $\mathrm{C}^{\delta}$ atom.

The PDB shows significant correlations between the $\varphi$ and $\chi$ torsions (Table 1). We plot some of these distributions, $\chi 1$ vs. $\varphi$ (Figure 2a), $\chi 3$ vs. $\chi 2$ (Figure 3a) and $\chi 4$ vs. $\chi 3$ (Figure 3b). They consist of two lobes of high density with sparse density between the lobes. Although not evident in the correlations, we also found that the $\chi$ torsions are coupled to the bond angles (see Figure 4ac). The strongest coupling is found in $C^{\beta}-C^{\gamma}-C^{\delta}$ vs. $\chi 2$ (Figure $4 b$ ), which has the shape of an inverted parabola. In the following sections, we model the observed couplings in the proline ring conformations.

The average $\chi$ torsions are near zero, while their standard deviations are large. This is because the proline ring conformations are split into two dominant conformations. We see a double peak in the
$\chi 2$ frequency distribution (Figure 4 d ), which makes the $\chi 2$ torsion a good discriminator between the UP and DOWN conformations. The peaks have an asymmetric shape. The $\varphi$ torsion, on the other hand, is not a good discriminator of the UP and DOWN conformations (Figure 2c). Table 2 lists the averages of the torsions and bond angles for the two different conformations. Between the UP and DOWN puckers, the bond angles are identical, and the $\chi 2$ values have virtually the same magnitude but different signs. The other $\chi$ torsions also change sign.

Table 2 lists the averages and standard deviations of the torsions and bond angles of the cis-Pro isomer. The bond angles of the UP and DOWN pucker in cis-Pro are similar to those of trans-Pro. The $\chi$ torsions have the same sign but the magnitude differs by a few degrees. In the cis-Pro isomer, the DOWN pucker is massively favored over the UP pucker (see 2f). Also, for the DOWN pucker, $\varphi$ has shifted further to the left in the cis-Pro isomer (Figure 2f) compared to the trans-Pro isomer (Figure 2c). This difference is due to a $\mathrm{C}^{\alpha}{ }_{\mathrm{i}-1}-\mathrm{C}$ steric clash that disfavors conformations of $\varphi>-70^{\circ}$, and hence favors the DOWN pucker ${ }^{16}$. Another discrepancy appears in the correlation of $\chi 5$ vs $\varphi$ (Figure 2e), where the observed distribution deviates for the most negative values of $\varphi$ from the slope that corresponds to ideal trigonal bonding at the N atom and ideal tetrahedral bonding at the $\mathrm{C}^{\alpha}$ atom. Otherwise, we find that the coupling between the internal $\chi$ torsions is consistent with those of the trans-Pro isomer (data not shown).

## The Bricard equation for the tetrahedral angle

According to our PDB statistics, the bond lengths in the proline ring do not vary significantly. However, there is a small amount of variation in some of the bond angles. For the 5 atoms of the ring, there are $5 \times 3=15$ degrees of freedom (DOF). Six of these are due to the absolute position
and rotation, which are irrelevant for us. Fixing 5 of the bond lengths imposes 5 constraints. Thus the number of degrees of freedom for a ring with fixed bond lengths is $15-6-5=4$. If we also fix 3 of the bond angles, then we will have $4-3=1$ DOF. We do this below, and we find that modeling proline ring conformations in one dimension is sufficient to understand the observations described in the previous section.

We can identify a tetrahedral angle in the five-membered proline ring by placing the apex at the $\mathrm{C}^{\alpha}$ atom. Thus the $\mathrm{C}^{\gamma}, \mathrm{C}^{\delta}, \mathrm{C}^{\beta}$ and N atoms define the different faces of the tetrahedral angle at $\mathrm{C}^{\alpha}$ (Figure 1b). We can then make use of the Bricard ${ }^{4}$ equation of the flexible tetrahedral angle. The Bricard equation relates two adjacent dihedral angles of the side faces ( $\sigma$ and $\tau$ ) with the four apical angles ( $\alpha, \eta, \xi$ and $\theta$ ) of the tetrahedral angle (see Figure1b). It is

$$
\begin{aligned}
\cos \theta+\cos \eta \cos \xi \cos \alpha= & \sin \alpha(\sin \xi \cos \eta \cos \sigma+\cos \xi \sin \eta \cos \tau) \\
& +\sin \xi \sin \eta(\sin \tau \sin \sigma+\cos \alpha \cos \tau \cos \sigma)
\end{aligned}
$$

If we fix the $\alpha, \eta, \xi, \theta$ apical angles of the tetrahedral angle then the Bricard equation gives the relationship between the $\sigma$ and $\tau$ dihedral angles of the tetrahedral angle (Figure 1c) and the tetrahedral angle has one DOF. By introducing the projective transformation: $u=\tan \sigma / 2, v=\tan$ $\tau / 2$; the Bricard equation becomes a quadratic polynomial in both $u$ and $v$. Therefore for each value of $u$ (resp. v), there are in general two values of $v($ resp. $u$ ). Thus, there will in general be 2 solutions when we solve for one of the dihedral angles $\sigma$ or $\tau$ in terms of the other ${ }^{5}$. The full details of the derivation of the Bricard equation can be found in Coutsias et al. ${ }^{5}$.

How can we understand the DOF in the flexible tetrahedral angle? Assume first that the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ distance is not fixed. As the other bond lengths are fixed, the triangles containing the $\alpha, \eta$, and $\xi$ angles are fixed (Figure 1b and 1c). Consequently, the two degrees of freedom are (i) the $\tau$ dihedral angle, or the rotation of the $\mathrm{C}^{\gamma}$ atom around the bond $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}$ which preserves the triangle $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$, and (ii) the $\sigma$ dihedral angle, or the rotation of the $\mathrm{C}^{\delta}$ atom around the bond $\mathrm{C}^{\alpha}-\mathrm{N}$ which preserves the triangle $C^{\alpha}-C^{\beta}-C^{\gamma}$ (cones in Figure 1c). The variation of $\tau$ and $\sigma$ will change the $C^{\gamma}$ $\mathrm{C}^{\delta}$ distance. The conformations of a flexible tetrahedral angle correspond to the coupled values of $\tau$ and $\sigma$ that give the fixed value of the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ distance.

## Constructing proline ring conformations

We now apply Bricard's equation of the tetrahedral equation to the proline ring. We first fix the four apical angles (Figure 1b). This effectively fixes 3 of the 5 bond angles, where the remaining 2 bond angles will be coupled. The choice of which bond angles to fix will determine the identity of the $\sigma$ and $\tau$ dihedral angles.

We first place the apex of the tetrahedral angle at the $\mathrm{C}^{\alpha}$ atom. We then fix the bond angles centered on the N and $\mathrm{C}^{\alpha}$ atoms as these atoms are part of the backbone, and are bonded to three other heavy atoms. Of the remaining three angles, the $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ is the most flexible, so we leave this angle free. Of the two remaining angles, we fix the $\mathrm{C}^{\delta}-\mathrm{N}-\mathrm{C}^{\alpha}$ angle as this will the make the $\sigma$ and $\tau$ dihedral angles identical to the $\chi 1$ and $\chi 5$ torsions of the proline ring (compare Figure 1a and 1c). As $\chi 5$ is related to $\varphi$ by planarity, we now have an equation that relates $\varphi$ to $\chi 1$. Thus, to construct proline ring conformations:

1. We set the apical angles. For the proline ring, we use the parameters of the average conformation of the UP pucker in Table 2. We set $\alpha=N-C^{\alpha}-C^{\beta}=103.7^{\circ}, \eta=\angle C^{\alpha}-C^{\beta}-C^{\gamma}$ $=103.8^{\circ}$ and $\xi=\mathrm{C}^{\delta}-\mathrm{N}-\mathrm{C}^{\alpha}=111.3^{\circ}$. Keeping the bond angles and bond lengths fixed, we use basic trigonometry to calculate the $\mathrm{C}^{\alpha}-\mathrm{C}^{\gamma}$ and $\mathrm{C}^{\alpha}-\mathrm{C}^{\delta}$ distances. These two distances, combined with the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ bond length, give $\theta=\mathrm{C}^{\gamma}-\mathrm{C}^{\alpha}-\mathrm{C}^{\delta}=36.3^{\circ}$ (Figure 1b).
2. We have now obtained the 4 apical angles $(\alpha, \eta, \xi$ and $\theta)$ of the Bricard equation. For a given value of $\varphi$, we convert $\varphi$ to $\chi 5=\varphi-60^{\circ}$ and solve the Bricard equation for $\chi 1$, which requires the following coefficients:

$$
\begin{aligned}
& A=-\cos \alpha \sin \xi \sin \eta \cos \chi 5+\sin \alpha \sin \xi \cos \eta \\
& B=-\sin \xi \sin \eta \sin \tau \\
& C=\cos \theta-\cos \alpha \cos \xi \cos \eta-\sin \alpha \cos \xi \sin \eta \cos \chi_{0}
\end{aligned}
$$

Using these coefficients, we have a condition

$$
\text { If }\left|C / \sqrt{ }\left(A^{2}+B^{2}\right)\right|>1 \text { then there is no solution for that value of } \varphi \text {. }
$$

Otherwise, we calculate

$$
\begin{aligned}
& \tau 1=\operatorname{arcos}\left(C / \sqrt{ }\left(\mathrm{A}^{2}+\mathrm{B}^{2}\right)\right) . \\
& \text { If } \mathrm{B}>0 \text { then }
\end{aligned}
$$

$$
\tau 0=-\operatorname{arcos}\left(\mathrm{A} / \sqrt{ }\left(\mathrm{A}^{2}+\mathrm{B}^{2}\right)\right)
$$

else

$$
\tau 0=+\operatorname{arcos}\left(\mathrm{A} / \sqrt{ }\left(\mathrm{A}^{2}+\mathrm{B}^{2}\right)\right) .
$$

For the UP pucker, we set $\chi 1=\tau 0-\tau 1$, and for the DOWN pucker, set $\chi 1=\tau 0+\tau 1$. Obviously, there is only one solution if $\tau 1=0$, which represents the inflection point between the UP and DOWN puckers.
3. We now have the $\chi 1$ and $\chi 5$ torsions. Given the backbone atoms $\mathrm{N}, \mathrm{C}, \mathrm{C}^{\alpha}$ atoms, we use the $\chi 5$ torsion, the bond lengths and angles of the proline ring (Table 1) to place the $\mathrm{C}^{\delta}$ and $C^{\beta}$ atoms. Subsequently, we use the $\chi 1$ torsion to project the $C^{\gamma}$ atom from the $C^{\beta}$ atom.

## Modeling the proline ring

Using the algorithm above, we generated the set of allowed proline ring conformations, varying $\varphi$ from $-180^{\circ}$ to $0^{\circ}$ in steps of $0.1^{\circ}$. From this set of conformations, we extract the model curves. The model curves for the ring angles are cyclic, due to the quadratic nature of the solution (Figure 2a, $3 \mathrm{a} \& \mathrm{~b}, 4 \mathrm{a} \& \mathrm{~b})$. The two main lobes of observed density lie along different parts of the cyclic curves with the exception of the region of low density between the two lobes. The fit to the cyclic curves is most evident in the plot of $\chi 4$ vs. $\chi 3$ (Figure 3b) where the slopes of the two main lobes lie along the cyclic curve, which is different to the slope connecting the two lobes. We conclude that the flexibility within the UP and DOWN pucker is consistent with the flexibility in a fivemembered ring with fixed bond lengths and three fixed bond angles. As the $\chi 2$ distribution (Figure

3a) and the $\varphi$ distribution (Figure 2a) lie within the limits of the curve, the range of the torsions is determined by the geometry of the five-membered ring.

Although the $\varphi$ torsion is not a good discriminator between the UP and DOWN pucker, this is an advantage in generating proline conformations. In the graph of $\chi 1$ vs. $\varphi$, the lobes are found along the top and bottom of the cyclic model curve (Figure 2a). As the Bricard equation gives two solutions of $\chi 1$ for every value of $\varphi$, the two solutions will automatically correspond to the UP and DOWN pucker. This algorithm for generating proline conformations has been implemented in the Ramachandran Plot Explorer (http://laplace.compbio.ucsf.edu/~bosco/rama.html) - a simple PDB protein viewer designed to facilitate the interactive manipulation of the $\varphi, \psi$ and $\chi$ torsions.

Some of the properties of the model based on the flexible tetrahedral angle can be anticipated by the pseudo-rotation of cyclic rings ${ }^{2}$. However, there are advantages in our approach compared to the pseudo-rotation approach. Although the pseudo-rotation implicitly contains the two-fold degeneracy in the proline ring geometry, our formulation shows this explicitly. Also, the pseudorotation angle formulas require 2 semi-empirical parameters. We can derive all necessary parameters directly from the bond lengths and angles of the proline ring.

## The strain responsible for puckering

The reason that proline populates two distinct states, the UP and DOWN pucker conformations, must be due to some type of strain. Previous calculations have typically explored these conformations by force-field energy minimizations ${ }^{1 ; 6 ; 11 ; 12}$. However, such studies do not tell us what factors are due to sterics and geometry and what factors are due to other energies. The
question is: what interaction in the proline ring gives the energy barrier between the UP and DOWN pucker?

As most of the flexibility in the proline ring lies in the $\mathrm{C}^{\beta}, \mathrm{C}^{\gamma}$ and $\mathrm{C}^{\delta}$ atoms, we focus on the variation of the $C^{\alpha}-C^{\beta}-C^{\gamma}, C^{\beta}-C^{\gamma}-C^{\delta}$ and $C^{\gamma}-C^{\delta}-N$ angles. (Figure $\left.4 a-c\right)$. We use our model to investigate how the geometry of the closed five-membered ring restricts these angles. In the set of proline conformations generated in the section above, only the $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ and $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ angles vary as we had fixed the $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ angle. We thus obtain the curves of $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ vs. $\chi 2$ (Figure 4 c ) and $C^{\beta}-C^{\gamma}-C^{\delta}$ vs. $\chi 2$ (Figure $4 b$ ). For the $C^{\alpha}-C^{\beta}-C^{\gamma}$ variation, we recalculate the cyclic curves where we fix the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ angle instead of the $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ angle, and place the apex of the tetrahedral angle at the N atom. We thus obtain the curve of $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ vs. $\chi 2$ (Figure 4 a ).

We first note that in all three model cyclic curves, the two lobes of observed density lie on the curves. The differences are found in the region of sparse density in the PLANAR region $\left(\chi_{2} \sim 0^{\circ}\right)$. In the curves of $C^{\beta}-C^{\gamma}-C^{\delta}$ vs. $\chi 2$ (Figure $4 b$ ) and $C^{\alpha}-C^{\beta}-C^{\gamma}$ vs. $\chi 2$ (Figure $4 a$ ), the model curves follows the observed data, even in the sparse region $\chi 2 \sim 0^{\circ}$. In contrast, the model curve of $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ N vs. $\chi 2$ deviates far below the data points near $\chi 2 \sim 0^{\circ}$ but coincides with the data at the UP and DOWN pucker.

All three bond angles tend toward the tetrahedral bonding angle of $109.5^{\circ}$. The geometry of the closed five-membered ring restricts the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ bond angle in the PLANAR region, but relaxes the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ bond angle at the UP and DOWN pucker. In contrast, the $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ and $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ angles in both the model curve and the data are quite relaxed in the PLANAR region, as the bond angles are close to the tetrahedral bonding angle. Thus, the ring geometry mostly restricts the $\mathrm{C}^{\gamma}$ -
$\mathrm{C}^{\delta}-\mathrm{N}$ bond angle in the PLANAR region. We conclude that the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ bond angle strain at $\chi 2 \sim$ $0^{\circ}$ is the main energetic barrier between the UP and DOWN pucker.

## Planar conformations of the proline ring

We now analyze the PLANAR conformations of the proline ring. The models presented above fix three of the five bond angles, leaving two angles variable. However, the data shows that there are three mobile atoms, the $\mathrm{C}^{\beta}, \mathrm{C}^{\gamma}$ and $\mathrm{C}^{\delta}$ atoms (Figure 1b). All three angles that are centered on these three atoms should be variable. To model this, we generate the family of curves giving the variation of $C^{\beta}-C^{\gamma}-C^{\delta}$ vs $C^{\gamma}-C^{\delta}-N$ for each value of $C^{\alpha}-C^{\beta}-C^{\gamma}$.

The Bricard equation only has solutions for the range $33^{\circ}<\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}<111^{\circ}$ (see Figure 5a). For $C^{\alpha}-C^{\beta}-C^{\gamma}$ angles approaching the lower limit at $C^{\alpha}-C^{\beta}-C^{\gamma}=33^{\circ}$, the curves get larger. These conformations have completely unrealistic bond angles. The limit at $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}=111^{\circ}$ corresponds to a completely flat proline ring. For values of $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ angles approaching the limit at $111^{\circ}$, the curves get smaller, which in the graph of $\chi 1$ vs. $\varphi$ (Figure 5a, compare with Figure 2a) approaches the point $\varphi=-60^{\circ}$ and $\chi 1=0^{\circ}$. We plot the family of curves for $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ vs. $\chi 2$ (Figure 5 b , compare with Figure 4 b ) and $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ vs. $\chi 2$ (Figure 5 c , compare with Figure 4 c ). The curve with the smallest cycle has the highest values of $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$. Thus, as the proline ring approaches the region $\chi 2 \sim 0^{\circ}$, the proline ring strains the $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ angle to the maximum in order to relax the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ steric strain. This flattens the proline ring, which in the $\chi 1$ vs. $\varphi$ plot (Figure 5a), pushes the conformation towards $\varphi=-60^{\circ}$ and $\chi 1=0^{\circ}$. This explains the pattern of sparse density between the two lobes in the PLANAR conformation (Figure 2a).

## Energy calculations of the barrier between the puckers

As we have identified the $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ bond angle strain as the crucial interaction in the closed fivemembered ring, we calculate the energy of the ring using a standard $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ bond angle potential. We use $\mathrm{E}=70 *\left(\left(108.5-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}\right) \pi / 180\right)^{2} \mathrm{kcal} / \mathrm{mol}\left(\right.$ CHARMM22 parameters $\left.{ }^{17}\right)$. Using the set of allowed ring conformations generated above, we calculate the energy of this term. In Figure 4 d , we plot energy vs. $\chi 2$ (grey) where the minimum of the energy curve coincides with the observed peaks in the $\chi 2$. Other energy terms did not improve the match where for example, differences in Lennard-Jones terms were negligible. We also plotted the energy vs. $\varphi$ for the UP and DOWN puckers (Figure 2c). The minimum energy at $\varphi \sim-80^{\circ}$ for the UP pucker is reasonably close to the observed peak for the UP pucker. However, the minimum energy at $\varphi \sim-40^{\circ}$ for the DOWN pucker is not at the observed distribution of the DOWN pucker. This discrepancy is due to the $\mathrm{O}_{\mathrm{i}-1}-\mathrm{O}$ steric clash in the backbone ${ }^{18}$ that disfavors values of $\varphi>-50^{\circ}$ and thus pushes the minimum of the DOWN pucker towards $\varphi \sim-60^{\circ}$.

## Discussion

We have shown that the conformations of the pyrrolidine ring of proline can be understood in terms of the geometry of a five-membered ring. This geometry can be reduced to that of a flexible tetrahedral angle, which we solve using the Bricard equation. Using this equation, we present an algorithm for generating proline conformations from a protein backbone. This algorithm can be easily generalized to other five-membered ring systems.

The Bricard equation for proline gives an analytical relationship between the backbone $\varphi$ and $\chi 1$ torsions of the proline ring. This relationship captures the coupling of the backbone to the proline ring. For a given backbone conformation, the algorithm generates two symmetric conformations of the proline ring, which correspond to the UP and DOWN puckers. Adding only a $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ bond angle energy term (from CHARMM) is sufficient to explain the barrier between the UP and DOWN puckers. This is an exact algorithm, which only requires knowledge of the bond lengths and angles, and does not require any energy minimization. We show that the method describes well the conformations of proline that are observed in a high-resolution dataset from the Protein Data Bank.

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## Figure Legends

Figure 1. Schematic of the proline ring. (a) The torsions in the proline ring. $\chi 5$ and $\varphi$ measure different torsions around the same central axis. (b) The tetrahedral angle in the proline ring has the apex at the $\mathrm{C}^{\alpha}$ atom and the $\mathrm{N}, \mathrm{C}^{\beta}, \mathrm{C}^{\gamma}$ and $\mathrm{C}^{\delta}$ atoms define the faces of the tetrahedral angle. The apical angles $\alpha, \eta, \xi$ and $\theta$ are also shown. (c) After fixing $\alpha, \eta$ and $\xi$, the degrees of freedom consists of the $\sigma$ and $\tau$ dihedral angles racing out two cones. Fixing $\theta$ will couple the values of $\sigma$ and $\tau$.

Figure 2. Distributions involving the $\varphi$ torsion. For the trans-Pro isomer, (a) Plot of $\chi 1$ vs. $\varphi$, the curves represent the model based on the flexible tetrahedron, (b) Plot of $\chi 5$ vs. $\varphi$ where the line corresponds to conformations where there is ideal trigonal planar bonding at N and ideal tetrahedral bonding at $\mathrm{C}^{\alpha}$, (c) the distributions of $\varphi$ for the DOWN pucker (red) and the UP pucker (yellow). (d), (e) and (f) are the corresponding plots for the cis-Pro isomer. The colors of the curve represent the UP pucker (red) and the DOWN pucker (yellow). The energy curve in (c) is due to the CHARMM $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ angle term.

Figure 3. Correlations in the $\chi$ torsions. (a) $\chi 3$ vs. $\chi 2$ and (b) $\chi 4$ vs. $\chi 3$. The model curve passes through the two lobes of high density, where it is clear that the slope of the two lobes are determined by the model curve and is different to the curve formed by the sparse density of points in between. The colors of the curve represent the UP pucker (red) and the DOWN pucker (yellow).

Figure 4. Bond angle strain in the proline ring as a function of $\chi 2$ for (a) $C^{\alpha}-C^{\beta}-C^{\gamma}$, (b) $C^{\beta}-C^{\gamma}-C^{\delta}$ (c) $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$. In the disfavored region at $\chi 2 \sim 0^{\circ}$, the model values of $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ are found significantly below the observed values. This is the key strain that separates the puckers. $\chi 2$ frequency distributions for (d) the trans-Pro isomer (e) the cis-Pro isomer. The energy curve in (d) is due to the CHARMM $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ angle term.

Figure 5. Family of curves for different values of $C^{\alpha}-C^{\beta}-C^{\gamma}$ in (a) plot of $\chi 1$ vs. $\varphi$, (b) $C^{\beta}-C^{\gamma}-C^{\delta}$ vs. $\chi 2$ and (c) $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ vs. $\chi 2$. The parameterization of each curve is set for $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ in the range $50^{\circ}$ $<\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}<110^{\circ}$ in (a) $5^{\circ}$ steps; and in (b) \& (c) $2^{\circ}$ steps. The curves with large cycles correspond to small $C^{\alpha}-C^{\beta}-C^{\gamma}$ angles, whilst the curves with small cycles correspond to large $C^{\alpha}$ -$C^{\beta}-C^{\gamma}$ angles As $C^{\alpha}-C^{\beta}-C^{\gamma}$ approaches $111^{\circ}$, the curves in (a) collapse to the point $\chi 1=0^{\circ}, \varphi=-$ $60^{\circ}$, in (b) to $\chi 2=0^{\circ}, \mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta} \sim 104^{\circ}$, and in (c) to $\chi 2=0^{\circ}, \mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N} \sim 109^{\circ}$ and At this limit, the proline ring is planar.

Figure
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C

a

b

(2)


## Figure

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Table 1. The parameters of the pyrrolidine ring of proline in the trans-Pro isomer and correlations with the $\varphi$ and $\chi$ torsions.

|  | $<\mathrm{x}\rangle \pm \sigma_{\mathrm{n}}$ | $\varphi$ | $\chi 1$ | $\chi 2$ | $\chi 3$ | $\chi 4$ | $\chi 5$ |
| :--- | :---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  |  |  |  |  |  |  |
| $\varphi$ | $-64.2 \pm 10.0^{\circ}$ | 1.00 | -0.66 | 0.57 | -0.49 | 0.28 | 0.81 |
| $\chi 1$ | $-0.1 \pm 26.8^{\circ}$ |  | 1.00 | -0.99 | 0.96 | -0.83 | -0.78 |
| $\chi 2$ | $2.1 \pm 36.5^{\circ}$ |  |  | 1.00 | -0.99 | 0.91 | 0.67 |
| $\chi 3$ | $-3.3 \pm 32.2^{\circ}$ |  |  |  | 1.00 | -0.95 | -0.57 |
| $\chi 4$ | $3.5 \pm 17.3^{\circ}$ |  |  |  |  | 1.00 | 0.30 |
| $\chi 5$ | $-2.2 \pm 9.8^{\circ}$ |  |  |  |  |  |  |
|  |  |  |  |  |  |  | 1.00 |
| $\mathrm{~N}-\mathrm{C}^{\alpha}$ | $1.464 \pm 0.012 \AA$ | 0.07 | -0.05 | -0.08 | 0.07 | -0.07 | 0.06 |
| $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}$ | $1.530 \pm 0.012 \AA$ | -0.05 | -0.04 | 0.00 | 0.00 | 0.01 | -0.02 |
| $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ | $1.501 \pm 0.021 \AA$ | -0.03 | 0.04 | -0.01 | 0.02 | -0.03 | 0.05 |
| $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ | $1.513 \pm 0.017 \AA$ | -0.06 | -0.02 | 0.04 | -0.04 | 0.03 | -0.01 |
| $\mathrm{C}^{\delta}-\mathrm{N}$ | $1.476 \pm 0.011 \AA$ | -0.03 | -0.04 | 0.02 | -0.02 | 0.02 | -0.02 |
|  |  |  |  |  |  |  |  |
| $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ | $103.9 \pm 1.8^{\circ}$ | -0.03 | 0.06 | 0.02 | -0.02 | 0.02 | -0.01 |
| $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ | $104.5 \pm 2.6^{\circ}$ | -0.13 | 0.01 | 0.12 | -0.11 | 0.09 | -0.06 |
| $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ | $102.7 \pm 1.3^{\circ}$ | -0.12 | 0.01 | 0.17 | -0.18 | 0.17 | -0.16 |
| $\mathrm{C}^{\delta}-\mathrm{N}^{\circ}-\mathrm{C}^{\alpha}$ | $111.5 \pm 1.2^{\circ}$ | -0.12 | 0.06 | 0.11 | -0.11 | 0.11 | -0.10 |
| $\mathrm{~N}^{\circ}-\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}$ | $103.7 \pm 1.4^{\circ}$ | 0.15 | -0.02 | -0.08 | 0.07 | -0.06 | 0.04 |

Table 2. Torsions and bond angles [ ${ }^{\circ}$ ] for the different puckers.
PLANAR UP DOWN
trans-PRO

| counts | 216 | 2160 | 1913 |
| :--- | :---: | ---: | ---: |
|  |  |  |  |
| $\omega$ | $180.5 \pm 5.3$ | $179.5 \pm 3.6$ | $180.5 \pm 4.0$ |
| $\varphi$ | $-66.8 \pm 11.1$ | $-58.9 \pm 7.3$ | $-69.8 \pm 9.3$ |
| $\chi 1$ | $4.6 \pm 12.2$ | $-24.9 \pm 8.3$ | $27.5 \pm 7.5$ |
| $\chi 2$ | $-3.1 \pm 10.2$ | $36.7 \pm 8.6$ | $-36.3 \pm 7.7$ |
| $\chi 3$ | $0.4 \pm 6.0$ | $-33.8 \pm 7.3$ | $30.6 \pm 7.7$ |
| $\chi 4$ | $2.7 \pm 7.0$ | $18.6 \pm 6.6$ | $-13.6 \pm 8.0$ |
| $\chi 5$ | $-4.6 \pm 11.2$ | $3.7 \pm 7.2$ | $-8.6 \pm 7.8$ |
| $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ | $106.7 \pm 1.8$ | $103.8 \pm 1.7$ | $103.7 \pm 1.6$ |
| $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ | $108.9 \pm 1.8$ | $104.0 \pm 2.4$ | $104.4 \pm 2.4$ |
| $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ | $104.7 \pm 1.5$ | $102.6 \pm 1.3$ | $102.8 \pm 1.2$ |
| $\mathrm{C}^{\delta}-\mathrm{N}^{\alpha}-\mathrm{C}^{\alpha}$ | $112.4 \pm 1.5$ | $111.3 \pm 1.1$ | $111.6 \pm 1.1$ |
| $\mathrm{~N}^{\alpha}-\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}$ | $105.3 \pm 1.7$ | $103.7 \pm 1.4$ | $103.4 \pm 1.3$ |

cis-PRO

| counts | 19 | 29 | 188 |
| :--- | :---: | :---: | :---: |
| $\omega$ | $-3.35 \pm 5.35$ | $-1.80 \pm 4.42$ | $1.01 \pm 5.80$ |
|  |  |  |  |
| $\varphi$ | $-88.2 \pm 16.1$ | $-68.5 \pm 10.2$ | $-82.2 \pm 10.3$ |
| $\chi 1$ | $25.5 \pm 11.7$ | $-18.0 \pm 11.2$ | $33.9 \pm 5.7$ |
| $\chi 2$ | $-18.1 \pm 9.2$ | $32.6 \pm 11.6$ | $-38.4 \pm 6.2$ |
| $\chi 3$ | $3.8 \pm 4.8$ | $-34.0 \pm 8.9$ | $27.6 \pm 7.5$ |
| $\chi 4$ | $13.3 \pm 7.2$ | $23.5 \pm 6.3$ | $-6.1 \pm 8.3$ |
| $\chi 5$ | $-24.5 \pm 11.4$ | $-3.7 \pm 8.4$ | $-17.3 \pm 7.3$ |
| $\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}$ | $104.7 \pm 2.2$ | $104.7 \pm 1.6$ | $102.8 \pm 1.7$ |
| $\mathrm{C}^{\beta}-\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}$ | $107.6 \pm 1.7$ | $104.3 \pm 2.4$ | $104.3 \pm 2.0$ |
| $\mathrm{C}^{\gamma}-\mathrm{C}^{\delta}-\mathrm{N}$ | $104.9 \pm 3.1$ | $102.2 \pm 1.8$ | $103.1 \pm 1.3$ |
| $\mathrm{C}^{\delta}-\mathrm{N}^{\alpha}-\mathrm{C}^{\alpha}$ | $110.5 \pm 2.7$ | $111.2 \pm 1.2$ | $111.4 \pm 1.5$ |
| $\mathrm{~N}^{\alpha}-\mathrm{C}^{\alpha}-\mathrm{C}^{\beta}$ | $104.0 \pm 3.1$ | $103.7 \pm 0.9$ | $102.7 \pm 1.5$ |

